



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**BREAKFAST**

CHEESE  
QUSADILLA  
FRUIT  
MILK

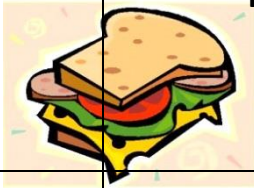
WAFFLES  
COTTAGE CHEESE  
FRUIT  
MILK

SCRAMBLED  
EGGS  
FRUIT  
TOAST  
MILK

PANCAKES  
FRUIT  
MILK

FRENCH TOAST

MILK  
FRUIT



**LUNCH**

MAC AND  
CHEESE WITH  
VEGETABLES OR  
FRUIT  
MILK

PILAF  
(RICE, VEG. &  
CHICKEN)  
FRUIT  
MILK

FISH IN BREAD  
CRUMBS  
BAKED POTATO  
VEG. OR  
FRUIT  
MILK

PASTA IN HOME MADE  
TOMATO SAUCE  
AND BEEF MEATBALLS  
FRUIT  
MILK

CHICKEN SOUP  
WITH VEGETABLES  
AND  
FRUIT  
MILK

**PM SNACK**

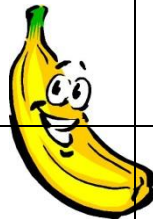
RICE CRACKERS  
BANANA  
WATER

CRACKERS  
CELERY/CARROT  
WATER

CROISSANT  
COTTAGE CHEESE  
FRUIT  
WATER

STAWBERRY  
YOUNGURT  
WHEAT THINS  
WATER

CUCMBER  
CARROTS  
CHEESE  
WATER



# DREAMLAND WEEKLY MENU

SUBJECT TO CHANGE